

Splinter Check List

Jesus Christ is the King of kings, and Lord of lords. All of this is made possible by the Blood of the Lamb and the word of our testimony (John 20:23, Rev 12:10-11, Eph 2:13).

Updated: March 1, 2013. Use only as a guideline; seek His Light for verification.

1. The Child - self pity, despair, and / or depression. Can also be self hatred / high expectations. Strong desire to give up or quit. Root sin is fear / anxiety.
2. The Bodyguard - self protection. Confrontation of those that wound us. Root sins of anger, resentment, or bitterness.
3. The Rebel - My way or the highway. Self sourced, independent from God in some area (big or small). Headstrong in certain areas. Root sin of self-will.
4. The Addict - self pleasure. Uses ANYTHING to distract from or kill the pain (sex, TV, books, movies, hobbies, chemicals, music, drugs, coffee, day dreaming).
5. The Loner - isolated growing up / lack of nurturing from parents. Builds a wall of protection like an island. Withholds intimacy. Can have soul clogs (in from heaven or out to earth). Root sins can be idolatry, manipulation, or control.
6. The Actor - when the "real me" is rejected or traumatized, an artificial personality (or multiple) can be created like a mask that is worn to field the brunt of wounding. Can result in the manipulation of an irrevocable gift from God, Root sin of deception.
7. The Trader - barter or trades access to my irrevocable gifts and anointing in exchange for acceptance, validation, protection, inclusion, or companionship. Uses the supernatural blessing of God for "our will done" instead of His.
8. The Victim - extreme trauma that causes resentment towards authority in some cases, while in others, an uncanny need or attachment towards authority for validation, love, or acceptance. Noted for extremes in opposite directions. For example, in cases of rape, is either sexually frigid or promiscuous.
9. The Doubter - distrust and unbelief in God, me, or others stemming from disappointment and blaming the one responsible. Direct demonic attack on salvation.
10. The Sidekick - narcissistic evil twin, noted for pride, arrogance, sabotage, and conspiracy to become the dominant personality. Can be opposite gender of person.
11. The Backdoor - hidden gate that has wild parties of old habits and addictions of pleasure and comfort.
12. The Jailer - keeps all emotions held in a vault deep within the person. Often times a fruit of choice or a vow or declaration that buries the emotions.
13. The Mafioso - is loyal to the old ways and habits without remorse. Can be ruthless and intimidating to the man or woman of God.
14. The Lost Boys - are not gender specific (can be girls). They do not want the responsibilities of adulthood and do not want to grow up or give up the old ways.
15. The Grandchildren - arise when a splinter gets splintered, usually affecting S1-5.
16. The Eve - only sees what is wrong, bad, or lacking. Believes God is holding out on you. Does not see what you've got, what is right, or what is good.
17. The Peacemaker - willing to do anything to keep the peace, including lying. Root sin of self-preservation.
18. The Malfunctioning Alarm Clock - adult situations awoken in a young child resulting in dysfunction. Usually related to sexual immorality, bloodshed, or idolatry.
19. The Blind Spot - sin that feeds a wounding and is therefore desired or valuable to us, causing us to be blind to the harm it actually causes. Self-serving sin.

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- 19A. The Womb - part of our soul wounded in the womb by our own tainted DNA. Most common byproduct is fear.
- 19B. The Stumbling Block - priestly call of truth used against the person of God by refusing to believe the discernment of accountability for blind spots because they cannot be seen, and therefore do not exist.
20. **XX - whatever behavior God shows you in His Light that can be traced to a wounding.**
21. The Planner - identifies a want or need and then enters into a covenant plan to provide for the want or need. Then when God invites us to His best plan, we choose our own that we are in covenant with. Self-serving sin.
22. The False Rest - foundational place of rest that is self serving. Belief in the entitlement of rest on “my terms” which means to only do what I want. Resists Godly rest as a fruit of yielding to the will of the Father, daily. Can interact with The Addict. Root of trauma or being forced to do things against my will. Self-serving sin.
23. The Dessert - Function of The False Rest. If I eat vegetables, I earn dessert. If I do good, I earn the right to do whatever I want. Self-serving sin.
24. The Adam - Hiding from God out of shame and self-protection
25. The Razor - Self discipline instead of yielding to God or the accountability partner. Prone to act in extremes, lobbing off a head of hair to remove a burr.
26. The Settler - Settles for good instead of pursuing God’s best, blessing and favor out of fear of man’s reaction of rejection, judgement, and accusation.
27. The Peter Pan - Vow following Splinter 18 to never be found lacking, responsible, or to blame again.
28. The Cross - mad at God for asking us to sacrifice our lives. Doesn’t believe that it cost God anything, including going to the cross.
29. The One Flesh - our parents never completed their covenant to become one, causing daily trauma that keeps us from becoming one flesh and completing our covenant with our spouse, or each other, or God.
30. The Indentured Servant - inherited debt from our parents or previous generations that is far beyond money: debt of shame, guilt, or false responsibility (to name a few) that is a traumatic burden in our lives. Can cause us to put others in debt.
31. The Program - Premeditated trauma that is designed for the purpose of mind control and for the objective of syphoning a person’s destiny for the kingdom of ‘not-Love.’ Victims feel like they act out behaviors without a true choice: almost like sinning on auto-pilot. Programmers and handlers are at high levels in the occult.
32. The Coffin - Choice of death (suicide) or natural death of a part of the soul as a result of disappointment that killed hope and / or trust. Splinter is buried in a coffin. Needs resurrection as a testimony of forgiveness through the Blood of Jesus!
33. The Burden of Proof - Refusal to believe anything until it has been proven to us, including proving ourselves to others. Serious block to faith.
34. The Mice - learned to have ‘self-parties’ whenever our covering was not present. Returns to habits of pleasure. When the cat is away, the mice play.
35. The Scientist - depends upon proof and so allows experiments to see if we are healed yet or not. Opens the door to sin with the selfish motives of control and proof over faith, and of secretly wanting to sin again.

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36. The Coma Prison - goes to sleep to provide self healing from extreme trauma. Often times connected with the painful side effects of comparison. Wound that entered into covenant with the corresponding Environment.
37. The Defendant - stands in The Courtroom (Environment) and defends self against the discernment of mother judges who identify blind spots (S19).
38. The Can - cellar of secrets where grandchildren (S15) are hidden. Wound that entered into covenant with the corresponding Environment.
39. The Mainframe - left brain covenant to depend upon the mind (self) for deductive reasoning using rationality, logic, and reason prior making decisions instead of inquiring of the Lord and choosing His will / plan.
40. Andyland - right brain covenant to create an alternate reality where fantasies of defilement abound to feed self pride and pleasure while escaping fear. S39 and S40 are the crime scenes where the abomination that causes desolation occur.
41. The False Source - places the emotional or physical burden of what we expect our spouse, or other confidant, will provide for us.
42. The Plan "B" - expects obstacles and so plans for contingencies. The root of this splinter is the fear of not getting something that is needed or wanted, and the reaction of control to ensure 'our will done.'
43. The Automatic Pilot - 'freezes' when we feel intimidated and causes us to follow others without really choosing. We obey commands, accept invitations, or even answer calls of strangers, friends, and family because we are shut down.
44. The Administrator - partners with the Core Splinters (S1-5) to determine which of these (fear that runs, anger that protects, rebellion that refuses, addiction that ignores, isolation that soothes) will work best at preventing perceived harm.
45. The C-Section - traumatized when transition was missed and circumstances beyond our ability to handle are forced upon us. Results in a resistance or refusal to mature and handle responsibilities.

Follow these steps for integration: One - forgive the splinters of the root sins & attributes. Restoration testimony includes integration. Two - repent of the behavior. Three - forgive those who trespassed against you. Four - reset learned behavior. You need an accountability partner so you can "confess your sins to one another." Set up boundaries and hold yourself accountable for every time you cross them with consistency. Choose a consequence if needed.